

# TMC's MONTHLY NEWSLETTER

Trinity Medical Centre

November 2020

**W**elcome to the November edition of the Trinity Medical Centre newsletter.

This month we focus on the Seasonal Flu campaign as well as the new staff that are joining the practice as part of the Primary Care Network.

## Flu season

is well under way and we have already vaccinated over 2000 patients in the 4 weeks we have been running the clinics. We have had to really shake up the way we have done things this year to make it safe for patients and staff meaning we can't have our usual open clinics on evenings and weekends and have had to reduce the number of patients we see in each clinic. This year is already the busiest to date and is set to be a longer season with a much higher uptake in patients wanting to take advantage of the protection the flu vaccination can offer.

**We will continue to run clinics while ever we have the vaccinations in stock so please contact us if you wish to book an appointment for your vaccination.**

Here's an update on some of the common questions we are getting this year;

50-64 year olds

We know there has been a lot said in the media about this age group being eligible for the vaccine but we are still waiting to hear from the government about when the extra stock will be available for us to start offering it.

If your child has missed their vaccination at school, please contact the school nursing team to find out if they are doing catch-up clinics.

Children  
School

## Home Visits

The Adult Community Nursing Team (District Nurses) has kindly agreed to undertake the home visits for housebound patients requiring their flu vaccination. We know they have already started in some areas but this is a large undertaking so we ask all housebound patients to be patient and not contact us until December if you haven't received it by then.

**'JUST'  
THE FLU?**

**NHS**

**THE  
FLU  
KILLS.**

**JUST GET  
YOUR FREE  
FLU JAB**

**CONTACT US  
01924 784101  
TO BOOK**

## CONTACT US

TELEPHONE US ON  
**01924 784 101**

EMAIL US AT  
**TRINITY.MEDICALCENTRE@NHS.NET**

**f** LIKE US ON FACEBOOK  
[WWW.FACEBOOK.COM/TMCWAKEFIELD](http://WWW.FACEBOOK.COM/TMCWAKEFIELD)

**t** FOLLOW US ON TWITTER  
[WWW.TWITTER.COM/TMCWAKEFIELD](http://WWW.TWITTER.COM/TMCWAKEFIELD)

**globe** VISIT OUR WEBSITE  
[WWW.TMCWAKEFIELD.CO.UK](http://WWW.TMCWAKEFIELD.CO.UK)

# TMC's MONTHLY NEWSLETTER

## Primary Care Network;

In recent years, the population has grown and people are living longer and living with long term conditions and may need to access their local health services more often. To meet these needs, practices have begun working together and with community, mental health, social care, pharmacy, hospital and voluntary services in their local areas in **Primary Care Networks (PCN's)**. PCN's build on current primary care services and enable greater provision of proactive, personalised, coordinated and more integrated health and social care.

Primary care networks are based on GP registered lists, typically serving natural communities of around 30,000 to 50,000. They are small enough to provide the personal care valued by both patients and GPs, but large enough to have impact and economies of scale through better collaboration between practices and others in the local health and social care system.



Primary Care Network

MEMBER PRACTICES:

Crofton & Sharlston Medical Practice  
Maybush Medical Centre  
Trinity Medical Centre  
Warrengate Medical Centre

## Care Co-ordinators

Caroline is a Care Co-ordinator for Trinity Health Group.

The role of a Care Co-ordinator is varied but is primarily designed to support a patient whose circumstances mean they are struggling to manage their healthcare effectively. These may be patients that have health or social needs and would benefit from support, heavy users of the practice, patients recently discharged from hospital that need social support, and patients struggling with daily living or suffering from social isolation. A Care Co-ordinator will support the patient with regular follow ups and will work with a wide range of agencies within the health and social sector to get a patient the support they need.



Caroline Kearford,  
Care Co-ordinator



John Lane  
First Care Practitioner

John is a **First Care Practitioner** for Trinity Health Group. **First Care Practitioner**  
An FCP is a senior clinician with extensive expertise in the clinical assessment and management of musculoskeletal (MSK) conditions within primary care. FCP's can typically assess, diagnose and provide first line treatment for MSK problems and if necessary can refer on to more appropriate services. An FCP is able to assess and advise on; neck and lower back pain, soft tissue injuries, sciatica, joint pain, tendinopathy, trigger finger/thumb.

Some of the other services provided on a Primary Care Network level that are available to our patients:

Clinical Assessment Service

Pharmacists

Psychological Therapies (IAPT)

Social Prescribing

Community Psychiatric Nurse

Most PCN services are available for self-referral by patients.

Contact the surgery if you think any of these services would be useful to you.

### Staff Update

We have had 4 new reception staff join us recently, as well as a new flu administrator who is temporarily covering the Flu Line for us.

November will also see a new face in the Healthcare Assistant Team as well as additions to our PCN Pharmacist Teams



We are well and truly into the second wave of the Covid-19 rollercoaster that 2020 has been but we would like to assure all patients that we have been and will remain available for all your queries and concerns. We learnt a lot during the first wave and now that we have experience of working under such unprecedented difficulties we are better prepared for what may come this winter. As always we urge all our patients to stay safe and contact us from home first. If you need to be seen face to face then the clinician will organise that for you.

PLEASE CONTACT US IN ANY OF THE WAYS BELOW WITH ANY QUERIES

COVID-19 UPDATE

## CONTACT US

TELEPHONE US ON  
 01924 784 101

EMAIL US AT  
 TRINITY.MEDICALCENTRE@NHS.NET

LIKE US ON FACEBOOK  
WWW.FACEBOOK.COM/TMCWAKEFIELD

FOLLOW US ON TWITTER  
WWW.TWITTER.COM/TMCWAKEFIELD

VISIT OUR WEBSITE  
WWW.TMCWAKEFIELD.CO.UK